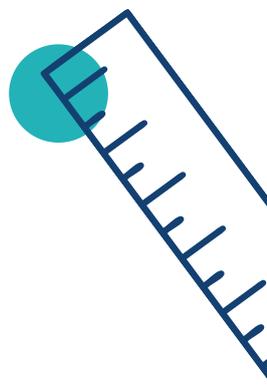


# Use Captions to Make the Most of Your Instructional Videos

Captions are essential to helping viewers meaningfully access video content.

## FACTS

- Deaf and hard of hearing (DHOH) individuals benefit from video content with captions. By law, captions are required.
- Non-native speakers/language learners benefit from captions.
- Captions improve cognitive processes, such as sustained attention.
- Captions reinforce acquisition of vocabulary.
- Captions support improved reading comprehension.
- Captions are helpful when audio is unavailable



# Checklist for Getting Started

- Pre-record your lecture/content (short, succinct videos are best, 15 minutes max.).
- Strive to record in a quiet space where there is little or no extra noise in the background (such as barking dogs, radio or TV playing, others talking, etc.).
  - To learn strategies that can help you record the best quality videos for your students in your own particular circumstances, please reach out to your CFD team.
- Avoid using videos (such as films or YouTube videos) that are not captioned or do not have subtitles.
- Watch this video about how to create and correct captions using [Canvas Studio](#).
- Watch these videos about how to create and correct captions using YouTube: [Generate Captions Using YouTube](#): [How to Correct Captions Using YouTube](#)
- If you received a notice from the AEC about supporting a DHOH student who is enrolled in your class, contact the CFD for support.

